

Super R-Lipoic Acid

Preserve Youthful Cellular Energy with Next-Generation LIPOIC ACID

Item #01208 • 240 mg • 60 vegetarian capsules

Lipoic acid helps protect against oxidative stress generated by high glucose levels. Alpha-lipoic acid consists of two different forms (isomers) that have vastly different properties. The “R” form is the biologically active component (native to the body) that is responsible for lipoic acid’s phenomenal antioxidant effect. The “S” form is produced from chemical manufacture and is not very biologically active. Typical alpha-lipoic acid supplements consist of the “R” and “S” form in a 50/50 ratio. That means a 100 mg alpha-lipoic acid supplement is providing 50 mg of the biologically active “R” form.

The human body normally produces and uses the “R” form of lipoic acid. This active form, **R-lipoic acid**, significantly supports healthy inflammatory response, is a potent free-radical scavenger and has been shown to be more potent than the combined “R” and “S” forms that comprise most alpha-lipoic acid supplements.¹⁻¹¹

Life Extension’s **Super R-Lipoic Acid** has demonstrated superior bioavailability, stability, and potency for a variety of health benefits. This breakthrough converts the biologically active “R” form of lipoic acid to sodium-R-lipoic acid, which, in a recent human study achieved **10–30 times** higher peak blood levels than pure R-lipoic acid.¹² Not only does this newer lipoic acid formulation reach higher peak blood levels,¹³ it also achieves them sooner, ensuring rapid uptake from the plasma into the tissues.¹² This unique **sodium-R-lipoate** can help you reach peak plasma concentrations within just 10–20 minutes¹⁴ of supplementation.

The superior antioxidant effects of R-lipoic acid are already well known for supporting healthy mitochondrial function. Now, Super R-Lipoic Acid provides even more potent benefits for preserving youthful cellular energy levels.

Super R-Lipoic Acid provides more of the active “R” form of lipoic acid than any other supplement.

References:

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New look outside.
Same quality inside.



The transition to this new look will happen over time.

Each vegetarian capsule contains:

Sodium..... 30 mg
Bio-Enhanced®..... 300 mg
Stabilized Na-RALA sodium R-lipoate
(providing 240 mg of R-lipoic acid)

Other ingredients: rice flour, vegetable cellulose (capsule), L-leucine.

Dosage and use

- Take one to two capsules daily as tolerated, or as recommended by a healthcare practitioner. Take capsules at the same time, preferably on an empty stomach. Suitable for vegetarians.

Caution: If you are taking glucose lowering medication, consult your healthcare provider before taking this product.

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These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.